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Center Point Passes Resolution to Mandate Sports Safety Education for Youth Coaches

CENTER POINT, AL – February 27, 2014 – The City of Center Point recently passed a resolution to mandate all coaches within the city complete the National Center for Sports Safety (NCSS) PREPARE course prior to their first day of practice.

“The City of Center Point is pleased to join NCSS to ensure the coaches of our youth athletic programs are educated through the PREPARE course,” said Center Point Mayor, Tom Henderson. “We feel this will be a great asset to our youth programs. Our coaches will be more aware of the signs and symptoms of an injury and have the ability to address them at an early state.”

In as little as two and a half hours, coaches will learn valuable information about sports safety and how to significantly reduce liability where athletic injuries are concerned. Developed in 2004, PREPARE educates coaches on prevention of common injuries, recognizing symptoms of potentially dangerous conditions, and how to respond in emergency situations. Upon completion of the course, each participant will receive a certificate of completion and given the option to add his/her name to the NCSS National Registry of Coaches.

“I’m thrilled that the City of Center Point has decided to mandate our PREPARE course to educate coaches and parents on important sports safety topics that will ultimately create a safer playing environment for youth athletes,” added Kathryn Gwaltney, NCSS Executive Director. “Center Point is going the extra mile to provide safety to its community by raising the standard for its youth sports safety program.”

To date, NCSS has educated over 18,000 coaches with the PREPARE course. NCSS and the State of Alabama continue to work together to increase awareness of sports safety for Alabama’s youth coaches and athletes. For more information about NCSS and the PREPARE course, visit www.SportsSafety.org or call 866.508.NCSS (6277).

About NCSS

Dr. Lawrence Lemak founded the National Center for Sports Safety in 2001 to promote the importance of injury prevention and safety on all levels of youth sports through education and research. The NCSS focuses on decreasing the number and intensity of injuries through developing and teaching sports-safety courses. NCSS also collects, analyzes and researches injury data to improve safety practices.

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